

Minutes of Semi-annual Meeting

(Pending Approval)

October 17th, 2019

Airforce Association

10:00 to 12:00

Attending: Gene Bell (President), Allan Wellwood (Vice-President/Advocacy), Nick Bruvels (Treasurer), Georgette Beaulieu (Secretary), Burt Amiro (director), Noel Lannon (Director/ Advocacy) Mike Beaulieu(Director/Communication Officer), and 25 members.

Guest: Michelle Langille (APO)

Regrets: Kathy Banfield

1. The meeting was called to order at 10:00 by the President Gene Bell.
2. The President welcomed everyone and announced that our guest Michelle Langille (APO) will be delayed due to car problem. Gene was really proud to pass around the award presented at the AMM in Gatineau, last June, in recognition of all the support by the membership (participation of the members at the branch meetings and events) and the recruitment efforts by the executive. He stated proudly that the members of this branch earned that award.
3. **Self-introduction:** all the members of the executive were introduced. A round table introduction of the participants followed.
4. **Branch update by the President:** Gene walked us through an abbreviated meeting, at the request of the membership, due to impending weather conditions. Highlights of the work accomplished since our Annual Branch Meeting last March were touched on. (Report attached)
5. **Financial:** Gene related the information regarding the "Reserved Equity Conference and Training" and the reasons for the request at this time to up the amount in that fund up to \$5,000.00.
Motion: "That the branch extend the amount in the "Reserved Equity Conference and Training" up to \$5,000.00."
Moved by: Nick Bruvels
Seconded by: Stephen Cooper
Motion carried
6. **Seniors' Expo:** This year, the Branch NS 72 had a booth at the Atlantic Vitality Expo. The participation from the seniors in the community was limited as many did not make the connection with the name change, from Seniors' Expo to Atlantic Vitality Expo. Gene sent a letter to the contact at the RECC making them aware of our disappointment and providing suggestions for next year. Other plans may be considered with other seniors' organizations for next year if the format of this year is repeated.
7. **Break:** The meeting paused for a 15 minutes break @ 10:45.
8. The meeting reconvened at 11:00.
9. **Introduction of Michelle Langille APO:** Michelle explained her role in NAFR at the provincial and national level. She is the Advocacy Program Officer, a support and liaison position between the NAFR and other provincial organizations. She sits on the Nova Scotia Seniors' Council comprised of 9 NS organizations bringing the seniors issues to the forefront at the provincial level. She

spoke about the activities that have been put in place to find out about the views of different parties on the 4 priorities that the National has identified as important for the members of this association. (National Seniors' Policy, Pharmacare, Pension protection and Veteran's issues). She elaborated on the work that has been done by the branches during the campaign all through Nova Scotia. The President thanked Michelle for attending this meeting and bringing valuable information to our group and invited her to stay for lunch.

10. **Feedback from past speaker:** Gene mentioned the positive outcome of one of our members who used the web site mentioned by Cheryl Smith RN,DNP,CDP,PHCNP, who spoke on polypharmacy on May 29th. The red flags the website report gave him was brought to the attention of his doctor who changed his medications. It was also useful for his mother and another senior. It would be a good idea to invite her over to present again in the near future. Trish Arkin will be our speaker next month on the 28th of November, she will bring us information on Medoc Insurance changes and advantages.

11. "Motion to adjourn the meeting at 11:15"

Moved by: Stephen Cooper

Motion carried.

12. The meeting was followed by an excellent lunch and great conversations.

Georgette Beaulieu
Secretary

Gene Bell
President