

CALGARY & DISTRICT BRANCH REPORT

President:

Rob Pollard

Vice-President:

Pat Henderson

Membership:

Pat Henderson

Treasurer:

Guy Lallier

Secretary:

Gabrielle Simpson

Volunteer Coordinator:

Sally Manchurek

Past President:

Marlene LaMontagne

Directors:

Willma Haney
Heather Thompson
Anne Prusakowski
Gerry Thompson
Ron Beirnes

Health Benefits Officer:

Steve Harbicht

Auditor:

Pat Grant

Presidents Report – Winter 2017



Hello to members of the Calgary and District Branch of NAFR.

It has been about 7 months since I have assumed the office of President for the Calgary and District Branch. There was and continues to be a sharp learning

curve for me and I wish to thank the Members of the Board and the many volunteers for their support and advice.

We have been extremely busy with communicating with the District Directors and Head Office as we planned and attended meetings in Winnipeg, The Annual Members Meeting (AMM) in Ottawa and our meeting in Red Deer. I have found that our National and Regional/District Directors have been open and ready to listen to our issues and take action when appropriate.

I found the presentations and discussion at the AMM both informative and interesting and look forward in working on solutions to the issues identified. It appears that the financial situation at the National level is improving and communications between the National Board of Directors, Head Office and the Branches has improved and is more transparent.

Volunteers are the backbone of our Branch and they keep us operating smoothly. The Board could not do without you and I thank you for giving your valuable time. We welcome more of our members to volunteer and to contact us to find out what we do and to put their talents to work. Volunteer training sessions were completed in Calgary and more will be done when needed.

A recruitment drive for new members was held at the Harry Hays Building which was well received.

If you have any comments, suggestions or issues that you want to raise, please contact us by E mail or call the office. We would appreciate hearing from you.

The board continues to focus on Advocacy and the recruitment of new members and volunteers.

I look forward to meeting you and hope to see you at our next meeting and luncheon.

Rob Pollard
Calgary Branch President



Calgary Branch President Rob Pollard & Past President Marlene LaMontagne



September Luncheon at Fort Calgary

February 16, 2018 Quarterly Luncheon and Business Meeting

Good news - The Board of Directors for Calgary and District Branch AB16 have decided to extend the special CANADA 150 pricing (\$15 per person) for our Quarterly Luncheons to the February and April 2018 Luncheons.

Location: Second Floor, Fort Calgary, 750, 9 Ave SE, Calgary
Please arrive at 10:00 am to be seated.

A short business meeting will commence at 10:30 AM and a guest speaker will present to us from 11:00 AM to 12:00 Noon at which time lunch will be served.

Speaker:

Sally Thompson, Director of Affinity and Partner Development for Hearing Life Canada will be providing information on the correlation between hearing loss and cognitive decline.

As a bonus HearingLife will be equipped to conduct baseline hearing screenings for all attendees during the meeting. The screening (less than 5 minutes) is done in private and results are confidential.

Hearing loss strikes 1 in 5 Canadians and 47% are over the age of 60 years. Our Partners in hearing care encourage all of our members to 'Test your ears at 60 years' as part of their annual wellness protocol.

Menu:

- **Buttermilk scones with butter**
- **Tuscan Green Salad**
- **Spanish Chicken with Paprika, Sautéed Peppers, Olives, Roasted garlic.**
- **Basmati Rice and Scallions.**
- **Assorted tarts and squares**
- **Freshly Brewed Coffee/Tea**

Reserve a seat by calling the office at 403-265-0773 one to two weeks before the function. We have to pay for the number of meals ordered once we have committed to that number, therefore, if you cannot attend the luncheon, it is very important to please phone the office and cancel five days before the luncheon.

****Please remember our Veterans; food donations will be very much appreciated.**

Okotoks/Foothills Coffee Sessions:

Thursday February 15, 2018, Hearing Life Canada. For more information and to register call Michelle Luchia at (403)938-7397 or Doug Raynor at (403)995-1786.

Canmore Coffee Sessions:

Please contact Jette Finsborg at 403-609-0598, email jfinsborg@gmail.com for information.

Good news - The Board of Directors for Calgary and District Branch AB16 have decided to extend the special CANADA 150 pricing (\$15 per person) for our Quarterly Luncheons to the February and April 2018 Luncheons.

Mark your calendars – the dates for the Calgary Branch 2018 Luncheons are:

Feb 16, 2018
April 13, 2018
Sept 21, 2018
Nov 16, 2018

NAFR Members Information

Please check out our National Association of Federal Employees websites:

National: <https://www.federalretirees.ca/>

Calgary & District Branch: <http://nafrcgyc.ca/>

Please contact our office if you have any inquiries or questions. The volunteer working that day will be happy to help you. Our office is located in room 302, third floor at the Kerby Centre, 1133, 7th Ave., Calgary, Alberta, T2P 1B2. Please phone during our business hours, Monday to Friday 10 am to noon at 403-265-0773 or email fsnacal@telus.net. Please note that our office is closed on all holidays. (During July and August the office will be closed, a volunteer will check our voice mail for messages during that time frame).