

# BRANCH REPORT

## ON46 | Quintrent Branch

### CONTACT US

#### QUINTRENT BRANCH ON46

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### MEMBERSHIP

The National Association of Federal Retirees, or commonly Federal Retirees, is the largest national advocacy organization representing active and retired members of the federal public service, Canadian Armed Forces, Royal Canadian Mounted Police (RCMP) and retired federally appointed judges, as well as their partners and survivors.

We believe every Canadian today and in the future, should benefit from better retirement income security and a strong, sustainable health care system.

With your support, we can make retirement better for all Canadians.

### President's message

This year marks the 40<sup>th</sup> anniversary of our Branch! That is a long time, and over the years a lot of people have joined together to make a success of the Association in the Quinte-Trent region. As I find out when I participate in courses on the Base many of the military members now serving weren't even born then. Sobering thought. Most of us have been retired and enjoying our pensions since before they stood on their first parade. And yet we remain, "Still a Force."

Members of one of the best Branches in the country, we have had the privilege of being able to meet several times a year with friends and acquaintances, and admire how well we are ageing. With that in mind your Exec has planned a 40<sup>th</sup> Anniversary celebration on 23 July at Hero's Landing (former Knights of Columbus) in Trenton to dine together and reminisce. It will give us a chance to see old friends, and hopefully to meet new members. We will be able to look back at the beginning and to see how we have evolved, how we have achieved success and how we plan to keep up the momentum. Be sure to mark the date and bring a potential new member. And note our new low price!

Aside from ensuring that the retirement we paid for is secure, the Association has been very active in Government Committees that are looking at benefits for all Canadians, and our representatives bring vast experience to the process as retirees. Advocating for everyone does not weaken our position, but continues our tradition of serving Canada and Canadians as we did during our careers.



**Save 25%**  
on your annual membership  
dues by switching to the  
DDS payment option!

For a limited time only, we are offering a one-time 25 per cent discount on annual membership dues for every member who switches to the Dues Deduction at Source (DDS) payment option.

Complete a DDS registration form and return it to the Association's national office to make the switch today. Visit [federalretirees.ca/DDS](http://federalretirees.ca/DDS) for more information.



National Association  
of Federal Retirees  
Association nationale  
des retraités fédéraux



## IN MEMORIAM 2022

*It is with deep regret that we have learned of the passing of the following members. The heartfelt sympathy of the branch is extended to their families and friends.*

- Keith Flett
- Lloyd Lambert
- Joan Cassidy
- Gail Scheller
- William Martell
- Roy Pigden
- Ed Smith
- Ted Bush
- Andrea Suba
- Thomas Jordan

There will be an Annual Meeting of the Association in Ottawa in June for Branch Presidents to elect a new Board, and a new Chair to replace Jean-Guy Soulière, who has served us brilliantly for two terms. I plan to attend in person (there will be Zoom attendees as well) and will report on the event on the webpage.

Speaking of that, be sure to look us up periodically at [our Branch Web site](#). We keep all sorts of good information on the Branch page, and update it regularly. And don't hesitate to write or email – we enjoy getting feedback.

See you at the next meeting.



Sincerely

Tom Kupecz  
Branch President

### BRANCH HISTORY

DID YOU KNOW that Our Branch received its Charter in 1982 on December the 8<sup>th</sup>.

#### *Federal Superannuates National Association*

*Be It Known* that the Association above named has on the day written herein granted this Charter to Quintrent Branch and their successors, and that by virtue hereof said Branch is possessed of and entitled to all the Rights and Privileges accorded to Branch Associations under the Constitution and By-Laws of said Federal Superannuates National Association.

*Provided*, that said Branch be known as Quintrent Branch of the Federal Superannuates National Association, and shall be located at Trenton in the Province of Ontario.

*And Provided Further*, that said Branch shall obey and conform to the Constitution and By-Laws of the said Association as the same shall from time to time prevail, otherwise this Charter is null and void and of no effect whatsoever.

*Witness* the hands of the President and National Secretary-Treasurer of the Federal Superannuates National Association.

affixed this 8th day of December A.D. 1982

*Claude A. Givens*  
President

*William J. Miller*  
National Secretary-Treasurer

Visit [Federalretirees.ca](http://Federalretirees.ca)  
Your one-stop shop for  
member news and information



*we want you!*



*Come Volunteer*

The National Association of Federal Retirees, **Quintrent Branch**, has lots of opportunities for volunteers. As a volunteer, rewarding experience is waiting for you to support your fellow members and be a voice in your community. So come join with us and take your place in a gratifying leadership role.



## It is time to think about Recruiting New Members to our Association.

By bolstering our numbers we can make a greater impact when negotiating for the safekeeping of our pensions and medical benefits.

When approaching a candidate you can tell them the Benefits of Membership which are many. For example: Access to our Preferred Partners: Federal Retirees has teamed up with various organizations to provide savings and other benefits for our members:

1. **MEDOC** — emergency travel insurance and trip cancellation
2. **Health** — Goodlife Fitness and Hearing Life
3. **Home & Auto** — Johnson Insurance and Relocation Services Group
4. **Financial** — Alliances, Canadian Money saver Magazine and Tradex
5. **Technology** — Simply Connect - cell phone service

Further information on our Preferred Partners is available on the national website:

[federalretirees.ca](http://federalretirees.ca)

**For more Membership Benefits and other Branch Information you can visit the Branch Website at:** [www.federalretirees.ca/en/branches/ontario/quintrent-branch](http://www.federalretirees.ca/en/branches/ontario/quintrent-branch)

### Branch Web pages feature:

- **Welcome page** - Welcomes the reader to the Branch Website and outlines Branch area of responsibility with a side window highlighting upcoming Branch Events & Webcasts;
- **Branch Executive** - lists your branch executives & how to get in touch with them;
- **Branch Office** - location and hours of Branch Office;
- **Branch President's Message** - Words from our Branch President outlining Branch outlook;
- **Recruitment & Volunteering** - information on recruiting new members and how to volunteer for Branch positions;
- **Benefits & Entitlements** - outlines all NAFR benefits and entitlements;
- **Branch Calendar** - listing upcoming Branch events for the year;
- **Seniors' Issues** - by Ian Inrig on interest to seniors and relating to safety and support;
- **Travel log & Information** - Lists government web-sites for travel related information and member travel experiences and stories;
- **Advocacy (Reach 338)** - lists Branch area Federal Members of Parliament and their contact information as well as Branch advocacy news;
- **Branch News & Letters** - Informs on Branch actions, information and letters from members;
- **Branch Photo Gallery** - photo display of Branch activities presently and in the past;
- **In Memoriam** - honours the memory of Branch members who are no longer with us;
- **Branch Meeting Minutes** - Executive meeting minutes are available for perusal;
- **Branch SAGE Inserts** - provides access to past SAGE Branch Reports;
- **Branch History & By-Laws** - presentation of Branch History and provides a portal to the Branch By-Laws in effect. It also presents upcoming suggested By-Law changes.





by Ian Inrig

I have been, and will continue to, repeatedly, warn you all about the dangers lurking out there from those who seek access to our personal financial accounts, by whatever means, for their own nefarious means. As a consequence, you may find the following of interest:

My sister -in-law, a widow, and member of the Quintrent Branch, recorded the number of telecalls she received during the period 25 Mar 2022 and 18 Apr 2022 which she did not recognize the caller as someone she knew. Of those calls, 21 was from an off-shore source and two were repeats of a Canadian source. Yes, she has the capability to block those calls but that is not the problem here. The problem is that these attackers are relentless and will use any means to get to us.

This example demonstrates the need, requirement, that we all must remain vigilant to the fact that we are continuously under attack from those cited above who would rather attempt to cheat you and I out of our money than work at a real job.

## From The Branch Calendar – Events for the year

### Summer BBQ

Friday – June 3, 2022

Royal Canadian Legion

Trenton

Reserve your tickets space limited



### Branch 40<sup>th</sup> Anniversary

Saturday – July 23, 2022

Hero's Landing

(Trenton Knights of Columbus Hall)

Reserve your tickets space limited



### Fall Annual Meeting

Tuesday – October 18, 2022

Royal Canadian Legion

Trenton



### Branch Christmas Luncheon

Friday, December 2, 2022

Royal Canadian Legion

Trenton

Reserve your tickets space limited



## NATIONAL ASSOCIATION OF FEDERAL RETIREES

### TRENTON - QUINTRENT BRANCH

#### BRANCH EXECUTIVE DIRECTORS

**President**

**Tom Kupecz**

**Vice President**

**Hugh Mackay**

**Secretary**

**Nancy Everett**

**Treasurer**

**Alex Chambers**

**Deputy Treasurer**

**Gary Rodrigue**

**Directors - Telephone Committee**

**Gloria Johnson**

*Welfare*

**Agnes Ward**

*Senior's Issues*

**Ian Inrig**

*Social Coordinator*

**volunteer is needed**

*Public Relations*

**Attila Kostya**

### CONTACT US

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**VISIT US AT OUR BRANCH WEBSITE:**

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