

BC 04  
Branch Update (#6)  
June 2022



National Association  
of Federal Retirees    Association nationale  
des retraités fédéraux

FRASER VALLEY WEST



## NOTICE

**General Meeting and Barbecue**  
**Wednesday, July 20th**  
**Williams Park**  
**6595 238<sup>th</sup> Street, Langley**  
**Doors open at 11:00 a.m.**  
**Meeting 11:30**

Barbecue chicken lunch  
(by Henry's Outdoor BBQ)  
½ Chicken plate  
\$20 per person



**\*\*Who is eligible?** CAF and RCMP Veterans, Federal Public Servants and their spouses - and anyone who receives or contributes to a federal superannuation pension. You do not need to be retired to be a member of Federal Retirees!

Please mark your calendars, plan to attend and bring a friend!  
Know anyone who is eligible to join Federal Retirees? \*\*  
Bring them along!  
Registration by Eventbrite by July 12th, please! Here is the link:

<https://www.eventbrite.ca/e/nafr-annual-summer-bbq-and-general-meeting-tickets-102367684500>

## BC/Yukon District meeting “best ever”

Volunteers from the 15 Federal Retirees Branches in BC came together in-person at the Clarion Hotel and Conference Centre in Abbotsford for a high energy 2-day exchange of ideas and inspiration May 17th-19th. Delegates rated the event the “best ever” District conference. Special guests included Jean-Guy Soulière, National President and Anthony Pizzino, CEO.



As guest speaker at the dinner on the 18th, Jean-Guy, who is completing his second term (the by-laws allow only two consecutive terms), gave delegates a thoughtful and encouraging account of the Association's achievements in the past six years, its responses to unprecedented challenges, and the opportunities that lie ahead.

Keynote speaker on Wednesday morning was Isobel Mackenzie, BC's Seniors Advocate. (See the slides on page 2 for a glimpse of her analysis of service delivery in the Long Term Care sector in BC.)

The three candidates running to replace Jean-Guy as National president (secutive terms) made their pitches by Zoom: Roy Goodall is currently National Vice President, Jacques Lambert is currently a National Director for Quebec, and Simon Coakeley is the former CEO of the Association.

The well-planned and balanced program also included a workshop on Operational Planning, presentations from preferred partners Hearing Life and Johnson Insurance, a report from the Aging in Place Survey conducted by UBC researchers, and a review and update of the Associations advocacy priorities and strategy.

Congratulations to conference organizers, Branch Service Co-ordinators, Julie Spencer (Eastern BC), Steve Sawchuk (Western BC), and Rick Devlieger (BC Coastal Islands), who 'ace'd' the challenge of adapting the program to a new venue. Well done!

**Key slides from the presentation by BC Seniors' Advocate on the "Future of Long-term Care".**

In 25 words or less... "For profit" providers (vs non-profits) spend more of the per diem to buy property and less to pay staff and deliver direct care. (24 words) . There will always be need/room for "for profit" providers, but we can negotiate better terms. We also have to invest more in community care and home care to keep seniors at home, to honour their choice.


### Current Status of Seniors in B.C.

**2022**

1,064,697 seniors in B.C.

**20% of population**

5,263,772 total population



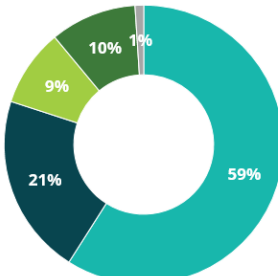
**Stats**

- **94%** aged 65+ live independently
  - **72%** aged 85+
  - **10%** aged 85+ live in assisted living
  - **14%** aged 85+ live in long-term care
- **25%** aged 65+ live alone
  - **41%** at 85+
- **\$30,750** median income (\$46,466 avg.)
- **80%** aged 65+ have driver's license
  - (**40%** aged 85+)

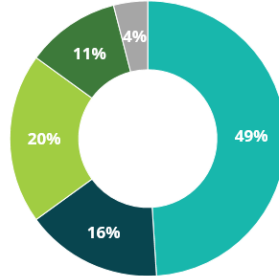


### Revenue and Spending

**Non-profit Allocation of Revenue**



**For-profit Allocation of Revenue**



Legend:

- Direct care compensation
- Non-care compensation
- Building/Property costs
- Supplies/Other
- Profit

### Non-Profit vs For-Profit

- Non-profit and for-profit operators receive **the same amount** of per diem funding
- For-profit sector spends **49%** of revenue on direct care, vs **59%** of non-profit sector
- For-profit sector failed to deliver **207,000** hours of funded care
- Non-profit sector over-delivered **80,000** care hours more than they were funded for
- Non-profit operators generated **12x** the surplus of non-profit operators (**\$34.4** vs **\$2.8 million**)
- For-profit operators spent **twice as much** as non-profits on capital building costs (**20% vs 9%**)
- Cost per worked hour in the for-profit sector was **lower for all direct care jobs**, often less than the industry standard





## Social Prescribing Program

Janice Gunn, *Seniors Community Connector*  
 (604)-531-9400 ext. 204

### What is Social Prescribing?

Social Prescribing is meant to help you explore community services and activities that can support you to improve your health, wellbeing, and independence



### Who qualifies for Social Prescribing?

Older adults 55+ in the South Area/White Rock area who may require support with:

- Post-pandemic social needs & interaction
- Social isolation or lack of direction
- Low confidence or low self esteem
- Mental & emotional wellbeing
- Housing, food insecurity, & financial issues
- Long-term health conditions
- Lifestyle support, exercise, and physical activity



### How do I get started?

A member of your GP/healthcare practice team may suggest a referral to the Social Prescribing program. You can also refer yourself or someone you know who may benefit from Social Prescribing by calling the phone number above. A referral will be sent to the Seniors' Community Connector by fax or phone and will then reach out to the client who may be in need of support.

[www.brellasociety.ca](http://www.brellasociety.ca)



### Social Prescribing

In the April Update, we mentioned Langley's new Social Prescribing program (a collaboration of the [Langley Community Response Network \(CRN\)](#), Executive Director Anthony Kupferschmidt of the [Langley Senior Resources Society \(LSRS\)](#) and [Fraser Health](#)). There is a similar program available in Surrey/White Rock through the Brella Community Services Society (formerly Seniors Come Share).

If you or someone you know could benefit from better connections to community services to address social isolation or issues with housing, food security, finances, chronic health conditions, ask your doctor for a referral.

Because the program is relatively new, your doctor may not know of it, so you can take the first step by calling (604) 531-9400 ext 204 and asking for Janice, the Seniors Community Connector!

### Photos From the BC/Yukon District conference



Jean-Guy and Anthony



Happy campers from BC04 (Lto R):  
 Bernd, Leslie, Thelma, Sharon, Joy, Ilene and Steve

## Community notes...



## Prevent Adult Abuse Neglect & Self Neglect See Something – Say Something



Thursday June 16th 12:00  
noon to 2:00 pm



South Surrey Recreation &  
Arts Centre – MP1  
14601-20 Avenue Surrey



Free of charge  
Lunch will be provided



Lead by: Jas Cheema

Register by June 14th 2022

Call:

604.531.9400 ext 220

Email:

semi.seniors@gmail.com

The BC Association of Community Response Networks (BC CRN) work to create a strong community response for adults who may be experiencing or have been impacted by abuse, neglect and self-neglect.

Come Celebrate World Elder  
Abuse Day – Wear Purple

*This event is made possible by a grant  
from the BC Association of Community  
Response Networks*



### Keep in touch! If you need help updating your membership info—change of address, etc. - contact Steve!

President	Ian Spence	(604)753-7845	spence.ian@telus.net
Vice President / Communications	Katherine Kettler	778 995-6136	kettlerk@gmail.com
Secretary	Thelma Graham	604 309-2538	graham_tm@msn.com
Treasurer	Stuart Wilson	604 542-1560	s.k.wilson@shaw.ca
Director Health & Benefits (HBO )	Glen (Rocky) Rockwell		grockwell@shaw.ca
Director Membership Administration	Steve Sawchuk	604 574-2939	s.sawchuk@shaw.ca
Director Membership Marketing	Joy Hennen	604 856-0310	joyJ@shaw.ca
Director Volunteer Engagement	Bernd Hirsekorn	604-531-0997	bh45jh@shaw.ca
Director	Sharon Riches	604 946-2434	slriches@me.com
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