



National Association
of Federal Retirees

Association nationale
des retraités fédéraux

October 6, 2022

Honourable Everett Hindley
Minister of Mental Health and Addictions, Seniors and Rural and Remote Health
Room 208
Legislative Building
2405 Legislative Drive
Regina, SK S4S 0B3

Dear Minister Hindley,

The National Association of Federal Retirees supports the efforts of the Saskatchewan Seniors Mechanism (SSM) to help individuals continue to age in their own communities, in housing of their choosing, through the Home Supports Initiative. Federal Retirees, with more than 165,000 members across all regions of Canada represents retired public servants, veterans of the RCMP and Canadian Armed Forces, federally appointed judges, as well as their partners and survivors. Through our branches in Saskatchewan, Federal Retirees is one of SSM's member organizations.

Older adults represent the fastest growing segment of the population, but gaps in Canada's health-care and social policies are putting barriers in the way of their independence and undermining their role in maintaining vibrant, healthy communities and economies.

With very limited medically focused services provided through Home Care, a home supports program is essential for the wellbeing of Saskatchewan older adults as they age. Such a program needs to include:

- Practical supports such as assistance with:
 - Housekeeping
 - Yard care
 - Minor home renovations

- Services to address particular medical and/or personal care needs:
 - Consistent, trusted home care workers
 - Expanded in-home services to cover diverse needs e.g. physiotherapy, education on managing conditions

The development and implementation of such a program requires the collaboration of provincial and local governments and older adults themselves and should include:

- A provincial framework and guidelines
- Similar services available to everyone
- Trusted, consistent service providers
- Sliding scale for the cost of services

Whatever their stages of life, older adults have the right to make their own decisions, including where and how they will live, to the best of their ability.

Yours truly,



KRR Goodall
President, National Association of Federal Retirees