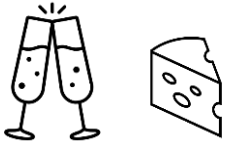


June 2023



Reminder – Wines and Cheese NAFR-Outaouais



On Thursday, June 15 at 5 p.m., NAFR-Outaouais invites you to an informal wine and cheese event for its members and their guests at the Desjardins room of the Cabane en bois rond.

The Happy Hour format activity will offer all those who wish to enjoy delightful pairings, as well as networking opportunities, a few days before the beginning of summer. Doors will open at 4:45 p.m.

The tasting, including 3 services, is offered for only \$25 per person. Register now via our Point of Sale ticket office [here](#). The deadline to

register is Friday, June 9, 2023.



Goodbye and thank you Élise Amyot



Our Deputy Director, Élise Amyot, will be leaving us very soon after successfully completing her mandate. Board members and staff join me in recognizing her excellent work, intellectual rigour, and outstanding contribution to improving our business processes.

The structuring of our recruitment and retention plan will have a positive impact on the Outaouais chapter and the Association as a whole for several years to come. We are deeply grateful for that.

Thank you on behalf of the members and staff of Federal Retirees Outaouais,

Donald Dery, President



Charitable gestures towards seniors in lost of autonomy



On the occasion of World Elder Abuse Awareness Day on June 15, the President of NAFR-Outaouais, Donald Dery devotes an article to it in the recent newsletter of the Table de concertation des aînés et retraités de l'Outaouais (TCARO). Read [here](#) (in French).



Videoconference - Seniors' home and alternative home project in the Outaouais region



The Outaouais Section is pleased to invite you to a free videoconference on “the Seniors' *and Alternative Home Project* (SAHP) in the Outaouais” which will be presented on June 21 in French from 10:00 a.m. to 11:00 a.m. by Éric Gagnon, Manager in charge of the MDAA du Parc de la Montagne at Centre intégré de santé et de services sociaux (CISSS) de l'Outaouais.

Mr. Gagnon is responsible for the implementation of the construction project of the MDAA of Hull, in the Direction du programme de soutien à l'autonomie des personnes âgées (DSPAPA). He has several years of experience in the health and social services field, and until recently, was the manager responsible for the CHSLD Lionel-Émond.

The SAHPs in the Outaouais region will provide housing for seniors and those with special needs. Construction began in January 2023. The videoconference will present the latest developments on the project initiated by the CISSS de l'Outaouais.

Don't miss this opportunity to learn more about this important project for seniors in the Outaouais region by registering [here](#).



View previous videoconferences

Have you missed one or a few video conferences offered in recent years? Would you like to see one or more of them again? Visit your branch's website to view or review the video conferences that have been recorded [here](#).



NAFR celebrates National Public Service Week



From June 11 to 17, the National Association of Federal Retirees is celebrating National Public Service Week. Public servants do important work that really makes a difference. They are committed to serving Canadians. They deserve thanks for their diligence and dedication from one generation to the next. Public servants take great pride in putting service before themselves.

We would also like to thank federal retirees for dedicating their careers to the well-being of Canada and Canadians. Many continue their vocation once retired, in the form of volunteering, community and other

involvement.



Your opinion on long-term care



In response to the devastating conditions in long-term care facilities during the COVID-19 pandemic, Federal Retirees has called on all levels of government to collaborate on a national review of long-term care and address the urgent need to establish national standards for long-term care.

More than 18,000 of our members have joined our call for better long-term care. With long-term care standards announced, it is time to redouble our efforts to ensure quality and equitable care for Canadians. For the results of this consultation, click [here](#).



Help to fight abuse



The Elder Abuse Help Line becomes the Elder Adult Mistreatment Help Line. The mandate is expanded, but she keeps the same phone number. Services are offered 7 days a week.

More details from the FADOQ website (in French only) [here](#).



Gatineau meets seniors



The Commission des aînés and the City of Gatineau invite seniors and their loved ones to participate in one of the following two (2) *Gatineau events at the seniors' meeting* in June.

Learn about municipal initiatives, programs and services. The city will take advantage of these opportunities to officially announce the renewal of its "Age-Friendly Municipality" (MADA) recognition.

Kiosks, conferences, tea, coffee and raffles! The events are free and accessible to all. Quebec Sign Language interpreters on site (LSQ).

Wednesday, June 7, 9:30 a.m. to 1:30 p.m.
Buckingham Community and Cultural Complex
181, rue Joseph

Thursday, June 8, 9:30 a.m. to 1:30 p.m.
Galeries Aylmer
181 Principale Street



CONTACT US!

Do you have any questions? Do you have a comment or a suggestion for improvement? Want to get involved? You can reach us by email at the following address: directeur@anrf-outaouais.ca

I wish you a nice summer and enjoy the holidays,



Donald Déry, President National Association of Federal Retirees
Section Outaouais (Q60)

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Gatineau, QC, Canada, J8Y 6T3
(819) 776-4128

<https://www.federalretirees.ca/fr/sections/quebec/section-outaouais>

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